

BRANDON EAGLES GYMNASTICS

1030 22ND Street, Brandon, MB R7B 2M8, 728-0554
admin@brandoneagles.ca

CLASS INFORMATION

General Information

We are a member club of the Manitoba Gymnastics Association (MGA) and meet their requirements for staffing and class size. Each gymnast must pay an annual insurance and membership fee to the MGA based on their age and level.

Instructor/Participant Ratio

Classes with Parental Participation

- Maximum of 12 per instructor.

Classes without Parental Participation

- Maximum of 8 per instructor

What to Wear

- Girls are required to wear a 1 piece body suit (**no skirts or leggings**) and bare feet.
- Hair **must** be fastened back off the face in a ponytail (metal clips help).
- Boys are required to wear shorts, a t-shirt and hair (if long) must be fastened off face.

Special Events

- Annual Gym Show June 25 - 26th

Promptness & Attendance

- Please arrive approximately 5 minutes before class begins. **Proceed** to the check-in desk at the gym entrance. Please leave your belongings in a box or hung up in the dressing room, **not** in the front lobby or the boot rack!

When you are dressed for class have a seat on one of the benches until your instructor comes to get you.

PARENTS: The beginning of the class and the warm up help your child to adjust to the surroundings as well as prevent injury. Please try your best not to be late!

Refunds

- The Registration and MGA fee of \$15.00 is **non-refundable**.
- A one-week written **notice of cancellation** is required to receive a refund. You will be charged for classes attended plus one week.
- There will be absolutely no refunds after Week #7. (Exception Medical Reasons - a credit for the next session will be given.)

Staff

Lorie Henderson - Program Director & Head Coach
Alana Charles - Assistant Head Coach & Office Manager

Questions? Concerns? Compliments?

- Please call Alana at 728-0554 or email at admin@brandoneagles.ca
- Office hours are as follows:
Tuesday & Thursday 9:15 - 11:15 am
Wednesday & Friday 1:30 - 3:30 pm

Registrations

WINTER 2010 MEMBERS:

- Your spot will be held until March 20th. After this date, new members will be accepted. Please hand in your re-registration form before this date.

NEW MEMBERS:

- By Mail or in the drop-off box at the gym.
- New Registrations will be accepted after March 21st, 2010. To ensure your spot, please register before this date. Your application will be dated as it is received, but will be held for processing until March 21st.

PAYMENT

Payment **must** accompany registration.

Please make cheques payable to:
Brandon Eagles Gymnastics Centre.

Sorry, but we are not yet able to accept **Interac or credit cards.**

(All NSF cheques will be charged a \$15.00 fee.)

RECEIPTS

Receipts will be available at the front check-in desk any time after the 4th class.

They will **NOT** be mailed out.

Activity Programs

TUMBLE BABIES

Boys & Girls – 2 years (as of Jan. 1, 2010)

TUMBLE BUGS

Boys & Girls - 3 years (as of Jan. 1, 2010)

Parent Participation is required for both of these programs.

- These programs provide group activities and individual exploration of apparatus as well as social interaction.

TUMBLE TOTS

Boys & Girls - 4 years (as of Jan. 1, 2010)

Instructor directed activities including fundamental movement and basic gymnastic skills; using bars, beams, tumble track, trampoline and other age appropriate equipment.

Instructional Programs

SUPER TOTS

Boys & Girls - Kindergarten & Grade 1 (Fall '09)

- More time on the apparatus, more skill development and a whole lot more 'fun'.

JUST FOR FUN - Girls and Boys

Grade 2 - Grade 5 (Fall '09)

- Learn the basics of gymnastics while trying out all the cool equipment.

Please assume that your child is registered in the class that you have specified on the registration form unless otherwise notified.

Programs	Days & Times (Choose One)		Price	Registration & MGA Fee (Member Insurance & Equipment Fee)
Tumble Babies 8 weeks No Classes Sat. June 5/10	Saturdays (May 1/10 - June 26/10) Tuesdays (May 4/10 - June 22/10)	10:00 - 10:30	\$35.00/Session	\$15.00
Tumble Bugs 8 weeks No Classes Sat. June 5/10	Saturdays (May 1/10 - June 26/10) Tuesdays (May 4/10 - June 22/10)	9:30 - 10:15 10:30 - 11:15 11:15 - 12:00 2:30 - 3:15	\$50.00/Session	\$15.00
Tumble Tots 8 weeks No Classes Sat. June 5/10	Saturdays (May 1/10 - June 26/10) Tuesdays (May 4/10 - June 22/10) Wednesdays (May 5/10 - June 23/10)	12:15 - 1:00 10:45 - 11:30 1:30 - 2:15 5:00 - 5:45 5:00 - 5:45	\$55.00/Session	\$15.00
Super Tots 8 weeks No Classes Sat. June 5/10	Saturdays (May 1/10 - June 26/10) Tuesdays (May 4/10 - June 22/10) Wednesdays (May 5/10 - June 23/10)	12:00 - 1:00 5:45 - 6:45 5:45 - 6:45	\$75.00/Session	\$15.00
Just For Fun - Girls/Boys 8 weeks No Classes Sat. June 5/10	Saturdays (girls only) (May 1/10 - June 26/10) Tuesdays (girls only) (May 4/10 - June 22/10) Wednesdays (boys & girls) (May 5/10 - June 23/10)	10:45 - 11:45 5:45 - 6:45 7:00 - 8:00 5:45 - 6:45	\$75.00/Session	\$15.00



Philosophy

Our philosophy is to improve physical and mental fitness through structured gymnastic activities.

We offer gymnastics for:

Pre-School , Instructional, Competitive
(Boys and Girls)

The Board of Directors and Staff of Eagles' Gymnastics Welcomes You!

"Gymnastics is a sport of choice or can be training for all sports!"